

Transcript - Standing Bears Celebration of Life / Graduation Ceremony July 21, 2026

0 seconds

And nobody is going to talk me out of the love that I cared because it's so easy. It's so easy to to to live in in

0:09

9 seconds

the other world and and and to be a a democrat and this and that and always fighting all this stuff.

But but once we're in right relationship, living the

0:18

18 seconds

way of earth, living the way of consciousness, living the way of love and and the prayer, all that goes away.

0:25

25 seconds

It just goes away. Right. So it it it's a way that that we see beyond the illusion and see to that beautiful

0:34

34 seconds

heart-c centered place and and and in in my teachings we all come from the same place. So everything begins with thank

0:43

43 seconds

you. Just okay. Thank you. When I begin my day is thank you. Thank you for thank you for allowing me to be here. Thank you for another opportunity.

0:55

55 seconds

Standing bear, standing bears, standing bears, we have come here today to honor you.

1:09

1 minute, 9 seconds

Your graduation into the role of an ancestor for all of us.

1:22

1 minute, 22 seconds

We call in all the ancestors, the guides, the animals, the trees, and the spirits from the east.

1:33

1 minute, 33 seconds

The new day that it brings to us as the birds sing, as the morning opens.

1:43

1 minute, 43 seconds

And I want you to ask your ancestor right now to tell you what is the thing

1:51

1 minute, 51 seconds

that is close to you right now that you that you can be grateful for.

1:59

1 minute, 59 seconds

We call in the ancestors and the spirits of the south, the feminine playful ones,

2:08

2 minutes, 8 seconds

and we ask them to tell us who in our life needs kindness. Now

2:16

2 minutes, 16 seconds

we call in the spirits of the west, the ones of boundaries and maturity and letting go.

2:28

2 minutes, 28 seconds

and also of the bear and of hibernation and of going within.

2:35

2 minutes, 35 seconds

And we're going to ask our ancestors are standing bare right now.

2:40

2 minutes, 40 seconds

What heavy truth am I holding on to that I'm ready to heal?

2:47

2 minutes, 47 seconds

And finally, we go to the north to the spirits of flight, the ones that can see far and see the bigger picture.

2:58

2 minutes, 58 seconds

And I [clears throat] want you to ask the ancestors now, what is the bigger picture of my life that I'm not seeing yet?

3:14

3 minutes, 14 seconds

What is the bigger picture of my life that I'm not seeing yet?

3:22

3 minutes, 22 seconds

Thank you everyone. And I'm going to call now Dr. Hertok

3:28

3 minutes, 28 seconds

to open a prayer and thank you beloved Zena. Thank you all of

3:36

3 minutes, 36 seconds

you gathered. We are speaking here from New York City. Our TP is the stars over

3:43

3 minutes, 43 seconds

not only New York but over the world. We honor our dear brother Stanning Bear.

3:50

3 minutes, 50 seconds

I as a spokesperson with my wife Desiree have presented his message and our prayers at the United Nations.

4:00

4 minutes

We represent, as you can see by this teaching cord I'm holding up, the shanti nations of South America in Mogroso, Brazil.

4:10

4 minutes, 10 seconds

We're honorary chiefs, but we honor the star nations who gather together not to weep, but to rejoice that standing bear

4:19

4 minutes, 19 seconds

has joined them as a joyous teacher, a spiritual warrior,

4:25

4 minutes, 25 seconds

a happy warrior, a man of many gifts and knowledge whose legacy will continue with each of us. And the meaning of this

4:34

4 minutes, 34 seconds

is why he was called into paradise into the higher worlds at this time. And in

4:40

4 minutes, 40 seconds

my devotion I have felt he was called because the nations of the world the

4:47

4 minutes, 47 seconds

tribes are being gathered as we are all being gathered for ascent ascension

4:53

4 minutes, 53 seconds

work. This is a time that we almost face the death of the old and the coming of

5:00

5 minutes

the new. And thus this moment is a celebration of not of death but of life over death.

5:07

5 minutes, 7 seconds

This is the moment the stars speak through us as we realize the message of standing bearer was to

5:15

5 minutes, 15 seconds

bring the divine mother out into the public out into the nations of the world.

5:23

5 minutes, 23 seconds

Many elders were critical of his methods, but his methods were true and honest to share with all nations the secrets of the great tribal nations.

5:35

5 minutes, 35 seconds

And so to you, divine spirit, we honor the work of our brother standing bare.

5:40

5 minutes, 40 seconds

We honor his gifts of spirit that we will continue. who we honor his beloved Zena

5:47

5 minutes, 47 seconds

in the work that she is called to do to join the gathering of the tribes. For each of us represents

5:55

5 minutes, 55 seconds

the 13th tribe that gathers the others that have not been able to come together. But now, as mother earth has

6:03

6 minutes, 3 seconds

cried and we have heard her cry, we realize we have a brother in the stars who will teach us and show us our

6:11

6 minutes, 11 seconds

responsibilities as we lead the nations to overcome the paradigms of greed, materialism, war, separation, grief, and

6:21

6 minutes, 21 seconds

tears. But let these tears pass into tears of happiness, knowing that the soul of a righteous one lives forever.

6:29

6 minutes, 29 seconds

that standing bear will be with us when we are on the other side together.

6:34

6 minutes, 34 seconds

And so we honor these moments of life, eternal life. We do not grieve because we know the path of the indigenous has

6:42

6 minutes, 42 seconds

been the grief of mother earth, but also the joy and the call now into ascendancy. And so we feel standing bear

6:51

6 minutes, 51 seconds

being with us from now on, watching out for us, guiding us, helping us in our ways upon the earth because he has the

7:00

7 minutes

greater overview. He is in the heavens and he knows what's taking place on the earth and in the heavens and this is

7:09

7 minutes, 9 seconds

where he needs to be. Although we love him and we miss him sorely, we also want to call forth a greater power of sacred

7:18

7 minutes, 18 seconds

names to acknowledge the power of the gamatria ga the power of the earth in

7:25

7 minutes, 25 seconds

the sacredness of the matrix of life that he has now ascended into that greater higher glory. Kamatri is the

7:34

7 minutes, 34 seconds

science of the divine expressions or frequencies of sacred language, sacred words, sacred expressions.

7:43

7 minutes, 43 seconds

Gaia is the expression of mother earth that we have forgotten. She cries but we are here withstanding and bear to continue this work. The illusion of

7:52

7 minutes, 52 seconds

separation is overcome as we prepare ourselves to enter into the gathering of the tribes already in the fifth

8:00

8 minutes

dimension. We come today to celebrate the ongoing work that has brought us together. For one of the great secrets

8:09

8 minutes, 9 seconds

of the teaching of the keys of Enoch is that the coming of the divine teachers will come first to the indigenous peoples, especially to the lands of the

8:18

8 minutes, 18 seconds

Hopi, especially to the lands of the Kogi in South America, especially to the lands of the shanti in the depths of

8:27

8 minutes, 27 seconds

Mogrosa, Brazil. We honor standing beer's transition because it represents

8:34

8 minutes, 34 seconds

our own transition. From this time forth, let us rejoice in the great white spirits

8:42

8 minutes, 42 seconds

in the gathering of brothers and sisters of all backgrounds who choose to take the higher path of divine service.

8:51

8 minutes, 51 seconds

And I'm going to inone now in the ancient uh Hebrew Aramaic the vibration

8:58

8 minutes, 58 seconds

of Gamatria Gaya as we see now the portals of ascension open amongst the nations of the earth from North America

9:06

9 minutes, 6 seconds

to South America and then the cross to Africa to Asia around once again to the Americas

9:13

9 minutes, 13 seconds

and into the heavens with standing bear as join me desire tonight as we sing together and ask all of you

9:22

9 minutes, 22 seconds

to join in this mantra which means the matria the science of mother nature being now opened

9:30

9 minutes, 30 seconds

and augmented into the higher matrix of [music] life seven times for the seven seals the seven chakras

9:49

9 minutes, 49 seconds

Good morning God. Good morning God.

10:00

10 minutes

Come on.

10:14

10 minutes, 14 seconds

And we're here also with some other friends that we're gonna have join us if we can at this time. Alan Steinfeld and Tara.

10:22

10 minutes, 22 seconds

Yeah. I just want to say Zinca, we're with you and your love

10:28

10 minutes, 28 seconds

as a leader of this tribe of visionaries. When you bring a beloved

10:35

10 minutes, 35 seconds

into this tribe, that beloved is our beloved. and thank you for hosting us that day when we all met

10:44

10 minutes, 44 seconds

standing there and I I just liked him. I just liked his energy. He took me outside and he said, "Look at the lights up there." And we looked at the top of

10:53

10 minutes, 53 seconds

the hill and he said, "Do you see those blue beings?" And I did see those blue beings and he said, "They're here for

10:59

10 minutes, 59 seconds

us." And that's just a nice memory I had of his visionary qualities, his essence, and his love for

11:08

11 minutes, 8 seconds

something bigger. So, thank you, Zena, for bringing such a beautiful being into all of our lives. And here's our friend Tara.

11:18

11 minutes, 18 seconds

Hi, Zena. And everyone, um, it's it's such an honor to be here with all of you honoring Standing Bears. And even though

11:25

11 minutes, 25 seconds

I didn't get the the opportunity to meet him in the 3D being here with you and being here with everybody talks um I can

11:35

11 minutes, 35 seconds

feel his spirit here and um it's a very loving presence and uh just just

11:42

11 minutes, 42 seconds

here for you um love you and um and thank you for for having us here. We love you Zena. We love you so much.

11:50

11 minutes, 50 seconds

We love standing there.

11:52

11 minutes, 52 seconds

Thank you so much. Thank you. Thank you for that beautiful prayer.

11:57

11 minutes, 57 seconds

We honor life. We honor eternity. We honor the spirit that reminds us there were part of the infinite way. And the

12:05

12 minutes, 5 seconds

illusion of three-dimensional life on earth is the concept of death which very few can understand. But we must pass through this powerful this doorway. This

12:15

12 minutes, 15 seconds

space not only into the unknown but into the known. And that is why the great secrets held by the federations down to the centuries is unconquerable.

12:26

12 minutes, 26 seconds

And we know that Standing Bear is with us all right now watching, hearing, and listening. Thank you so much. I'm going to mute now.

12:38

12 minutes, 38 seconds

Uh thank you. I'd like to bring up um Kristen Kaufman who is our song bird.

12:45

12 minutes, 45 seconds

[laughter]

12:51

12 minutes, 51 seconds

Thank you beloved Sena.

12:55

12 minutes, 55 seconds

[sighs]

13:03

13 minutes, 3 seconds

As you mentioned, Zena, I'm just taking a moment to listen before I play. Just listening

13:13

13 minutes, 13 seconds

to this space. Listening for the voice of our dear brother Standing Bear on the wind on the heart winds.

13:26

13 minutes, 26 seconds

What an honor to travel with Standing Bear in Japan for such a sacred journey in 2024

13:36

13 minutes, 36 seconds

to experience his prayerful heart and deep deep soulful mission.

13:44

13 minutes, 44 seconds

Thank you. Thank you. Thank you, brother, for your life, for your love.

13:55

13 minutes, 55 seconds

And then just a few, what was it a month ago, spoon bending in Portugal with Zena

14:03

14 minutes, 3 seconds

and Standing Bear. And we were all so joyfilled.

14:08

14 minutes, 8 seconds

And I'm just going to remember that beautiful energy that we all shared that day

14:16

14 minutes, 16 seconds

that was otherworldly and yet so human, too. as we tapped into our gifts and

14:24

14 minutes, 24 seconds

remembered remembered that there's so much more. And as I listen now, as I call this song in that's never been

14:32

14 minutes, 32 seconds

written, let's all remember that there is so much more going on here, that Standing Bear is here.

14:41

14 minutes, 41 seconds

Let's invite him really in through every note and know that as I'm playing, we are playing together.

14:50

14 minutes, 50 seconds

I'm tapping in. Send your intentions into the field. Send your open hearts.

14:55

14 minutes, 55 seconds

Send your listening together. Let's just really hold this field and see what wants to come through. And I will be

15:04

15 minutes, 4 seconds

doing my very best to listen and uh listen to our brother.

15:26

15 minutes, 26 seconds

[snorts]

15:30

15 minutes, 30 seconds

[sighs and gasps]

16:14

16 minutes, 14 seconds

[music]

16:27

16 minutes, 27 seconds

[music]

16:36

16 minutes, 36 seconds

[singing]

16:50

16 minutes, 50 seconds

[music]

16:54

16 minutes, 54 seconds

Love [singing] I am [singing] you.

17:08

17 minutes, 8 seconds

[music]

17:10
17 minutes, 10 seconds
[singing]
17:17
17 minutes, 17 seconds
[singing]
17:18
17 minutes, 18 seconds
I am.
17:26
17 minutes, 26 seconds
[music]
17:35
17 minutes, 35 seconds
[singing]
17:38
17 minutes, 38 seconds
[music]
17:38
17 minutes, 38 seconds
We're standing for you now, [singing] dear brother.
17:44
17 minutes, 44 seconds
[music]
17:49
17 minutes, 49 seconds
We're standing [singing] for you.
17:55
17 minutes, 55 seconds
[music]
17:58
17 minutes, 58 seconds
We're standing [singing] for you, [music] dear brother.
18:06
18 minutes, 6 seconds
[music] Yes, we're standing [singing]
18:08
18 minutes, 8 seconds
for you.
18:12
18 minutes, 12 seconds
With bare [music] love and bare hugs,
18:20
18 minutes, 20 seconds

we sending [singing] out care

18:26

18 minutes, 26 seconds

[singing] on the wind [music]

18:29

18 minutes, 29 seconds

of time.

18:32

18 minutes, 32 seconds

And [music] we're watching [singing] you swim your way home tonight.

18:41

18 minutes, 41 seconds

Yes, we're [music] watching [singing] you swim your way home [music] to the [singing] mother.

18:53

18 minutes, 53 seconds

Dear brother into [singing] your motheroo.

19:06

19 minutes, 6 seconds

[singing]

19:09

19 minutes, 9 seconds

[music]

19:15

19 minutes, 15 seconds

[music]

19:16

19 minutes, 16 seconds

Thank [singing] you for your life so well [music] lived.

19:25

19 minutes, 25 seconds

[singing]

19:31

19 minutes, 31 seconds

[singing and music]

19:33

19 minutes, 33 seconds

Thank you for all that you've [singing] given us. [music] Oh,

19:42

19 minutes, 42 seconds

[singing]

19:48

19 minutes, 48 seconds

[music]

19:49

19 minutes, 49 seconds
thank [singing] you for the light that you [music] shoo.
19:58
19 minutes, 58 seconds
[singing]
20:06
20 minutes, 6 seconds
Thank you for all of your [singing] care.
20:12
20 minutes, 12 seconds
[music]
20:14
20 minutes, 14 seconds
We watching you swim your way [singing] back to the mother
20:22
20 minutes, 22 seconds
[music]
20:23
20 minutes, 23 seconds
straight into her embrace. [singing]
20:30
20 minutes, 30 seconds
[music]
20:31
20 minutes, 31 seconds
We feel it strong back to [singing] her arms.
20:39
20 minutes, 39 seconds
And [music] we see the light on your face. [music]
20:48
20 minutes, 48 seconds
Ooh. [singing]
20:59
20 minutes, 59 seconds
[singing]
21:10
21 minutes, 10 seconds
[singing]
21:11
21 minutes, 11 seconds
[music]
21:12
21 minutes, 12 seconds
Now it's our turn to carry you home.

21:23

21 minutes, 23 seconds

[music]

21:24

21 minutes, 24 seconds

Oo.

21:31

21 minutes, 31 seconds

[music]

21:37

21 minutes, 37 seconds

[music]

21:44

21 minutes, 44 seconds

[singing]

21:50

21 minutes, 50 seconds

[music]

21:52

21 minutes, 52 seconds

Ooh. Oh,

21:55

21 minutes, 55 seconds

[music]

22:04

22 minutes, 4 seconds

[music]

22:09

22 minutes, 9 seconds

[music]

22:12

22 minutes, 12 seconds

[singing]

22:14

22 minutes, 14 seconds

[music]

22:19

22 minutes, 19 seconds

[music]

22:23

22 minutes, 23 seconds

Oh

22:24

22 minutes, 24 seconds

[singing and music]

22:29

22 minutes, 29 seconds

[music]

22:38

22 minutes, 38 seconds

[music]

22:45

22 minutes, 45 seconds

my [singing] Oh,

22:48

22 minutes, 48 seconds

[music]

22:52

22 minutes, 52 seconds

[singing]

22:57

22 minutes, 57 seconds

[music]

23:00

23 minutes

[singing]

23:06

23 minutes, 6 seconds

[music]

23:11

23 minutes, 11 seconds

[music]

23:15

23 minutes, 15 seconds

Oh,

23:24

23 minutes, 24 seconds

[music]

23:28

23 minutes, 28 seconds

[singing]

23:29

23 minutes, 29 seconds

[music]

23:38

23 minutes, 38 seconds

[music]

23:39

23 minutes, 39 seconds
love. [singing] Oh,
23:51
23 minutes, 51 seconds
[music]
23:57
23 minutes, 57 seconds
[music]
24:04
24 minutes, 4 seconds
[music]
24:04
24 minutes, 4 seconds
[singing]
24:12
24 minutes, 12 seconds
[singing]
24:15
24 minutes, 15 seconds
You
24:18
24 minutes, 18 seconds
[music]
24:21
24 minutes, 21 seconds
[singing]
24:23
24 minutes, 23 seconds
are
24:27
24 minutes, 27 seconds
[music]
24:34
24 minutes, 34 seconds
[music]
24:40
24 minutes, 40 seconds
listen. [singing] Do you hear a flood of the wind? [music]
24:49
24 minutes, 49 seconds
Feel [singing] a brother under [music] your skin. [singing] And
24:57
24 minutes, 57 seconds
deep in the heart. He will always be found. [singing] [music] He lives in each note.

25:08

25 minutes, 8 seconds

He [singing] dances in [music] the sound of our love.

25:15

25 minutes, 15 seconds

Love. [singing] Remember to love. He says, "Love.

25:22

25 minutes, 22 seconds

[singing]

25:23

25 minutes, 23 seconds

Love.

25:24

25 minutes, 24 seconds

Remember to [singing] love [music] each other." Now, [singing] now let the [music] light in.

25:37

25 minutes, 37 seconds

Forgiveness [singing] is always [music] now.

25:45

25 minutes, 45 seconds

[singing]

25:55

25 minutes, 55 seconds

[music]

25:56

25 minutes, 56 seconds

[singing] Love, love yourselves. Love.

26:00

26 minutes

Remember to love [music] and carry it [singing] deep in your heart.

26:10

26 minutes, 10 seconds

Love.

26:12

26 minutes, 12 seconds

[singing]

26:14

26 minutes, 14 seconds

Remember [music] to love. [singing] Love it is always the choice.

26:26

26 minutes, 26 seconds

Love. [singing and music] love.

26:30

26 minutes, 30 seconds

Remember to love. He says [singing] deep in your heart, you can always choose to love.

26:44

26 minutes, 44 seconds

Love and forive all the past.

26:50

26 minutes, 50 seconds

Now [singing] is your time to make the love in each moment.

27:01

27 minutes, 1 second

Remember [singing] to love.

27:04

27 minutes, 4 seconds

Dear brothers and sisters, mothers and fathers,

27:12

27 minutes, 12 seconds

remember [singing] to love.

27:17

27 minutes, 17 seconds

Loving is always the way.

27:50

27 minutes, 50 seconds

Love you. So much love. Love you.

27:56

27 minutes, 56 seconds

[snorts]

27:59

27 minutes, 59 seconds

Wow. We're all wrapped up in a song.

28:02

28 minutes, 2 seconds

[laughter]

28:03

28 minutes, 3 seconds

[snorts] Thank you so much.

28:07

28 minutes, 7 seconds

I'm going to open the floor. Um, but I'm going to say a few words if you'd like to speak. I see Tom's here. His brother.

28:15

28 minutes, 15 seconds

I know Matthew wanted to say a few words.

28:25

28 minutes, 25 seconds

[sighs]

28:26

28 minutes, 26 seconds

Since he's here, I think we can just talk directly to him.

28:36

28 minutes, 36 seconds

and he knows what I love about him and what he's brought to my life. But I'm going to tell you right now, honey,

28:45

28 minutes, 45 seconds

once again,

28:51

28 minutes, 51 seconds

[sighs and gasps]

28:58

28 minutes, 58 seconds

I want to thank you because I felt that you and I really

29:07

29 minutes, 7 seconds

found a place where the masculine and feminine were at peace together.

29:18

29 minutes, 18 seconds

It was like the walls had come down.

29:23

29 minutes, 23 seconds

The grievances, the confusion, the lack of communication,

29:31

29 minutes, 31 seconds

and what was left was balance and

29:39

29 minutes, 39 seconds

purity and wholehearted respect.

29:48

29 minutes, 48 seconds

I respect you so much.

29:57

29 minutes, 57 seconds

Thank you for being the divine masculine in my life.

30:07

30 minutes, 7 seconds

Thank you for showing me courage.

30:12

30 minutes, 12 seconds

I feel like my posture has grown an inch since I knew you.

30:19

30 minutes, 19 seconds

There's something about the way that you stood.

30:26

30 minutes, 26 seconds

That unnegotiable truth that you held.

30:33

30 minutes, 33 seconds

You had watered so much life around you because you made always it so clear.

30:40

30 minutes, 40 seconds

It's either life-giving or it's not lifegiving.

30:45

30 minutes, 45 seconds

And the life that grew around you was so strong and so solid. It was something to trust.

30:55

30 minutes, 55 seconds

I witnessed your calm and your strength.

31:03

31 minutes, 3 seconds

Thank you for teaching me calm mind, peaceful heart, absolute wealth.

31:14

31 minutes, 14 seconds

[sighs]

31:18

31 minutes, 18 seconds

You transferred to me a state of being, a state of wholeness, a state of understanding.

31:31

31 minutes, 31 seconds

You like to be out in the woods because sometimes people in the world

31:39

31 minutes, 39 seconds

are not always as [sighs] kind and loving.

31:48

31 minutes, 48 seconds

But you taught me that all you have to do is open up the door and look outside into the wilderness

31:55

31 minutes, 55 seconds

and that the whole world speaks and that there's a ton of goodness and

32:04

32 minutes, 4 seconds

wholeness and rightness and balance in natural law to hold us up

32:11

32 minutes, 11 seconds

and help us create the world of wholeness.

32:21

32 minutes, 21 seconds

You taught me that circle medicine and bringing the people together as a circle obliterates hierarchies.

32:31

32 minutes, 31 seconds

Importance is most importantly it begins a continuation of relationship.

32:40

32 minutes, 40 seconds

And that's what we're in a big huge relationship with each other.

32:49

32 minutes, 49 seconds

Thank you for teaching me reciprocity, [snorts] curiosity, joy.

33:04

33 minutes, 4 seconds

I will carry you with me in every act of love that I do in my life.

33:13

33 minutes, 13 seconds

I know you'll be here helping And I hope you feel honored today

33:21

33 minutes, 21 seconds

for all the discipline and purity and true heart that you've poured into each and every one of us.

33:31

33 minutes, 31 seconds

[snorts]

33:32

33 minutes, 32 seconds

We love you.

33:40

33 minutes, 40 seconds

He was definitely a bridge to the world beyond the scene.

33:52

33 minutes, 52 seconds

And I think that that comes when we come into balance with each other and ourselves and the world around us. So

34:00

34 minutes

I'm glad we have forerunners out there showing us what's possible.

34:07

34 minutes, 7 seconds

when we invite everyone to the circle and we strengthen the ties between us

34:15

34 minutes, 15 seconds

um with courage.

34:23

34 minutes, 23 seconds

And if anyone has some thoughts that they want to share or stories or things you want to say to him,

34:33

34 minutes, 33 seconds

he's been um coming through on my radios and [snorts] turning off lights and things like that. So

34:41

34 minutes, 41 seconds

he he's definitely here. And how interesting that we're walking around

34:48

34 minutes, 48 seconds

this world thinking that we don't have help or that we don't have a higher

34:55

34 minutes, 55 seconds

perspective or we don't have love.

35:01

35 minutes, 1 second

But that love is right there waiting for us to open our hearts.

35:09

35 minutes, 9 seconds

Standing bear definitely barricade unarticulated my heart.

35:15

35 minutes, 15 seconds

[gasps and sighs]

35:16

35 minutes, 16 seconds

this um these uh were part of his prayer of romance that he put in his hair when

35:25

35 minutes, 25 seconds

we first started dating and he wanted us to be in a sweat lodge before we kissed or anything, which we did.

35:34

35 minutes, 34 seconds

Um, but it was just a true honor to experience a man that had so much

35:42

35 minutes, 42 seconds

control over energy and um had such a huge connection to the ancestors.

35:53

35 minutes, 53 seconds

Something I've forgotten.

35:57

35 minutes, 57 seconds

So everybody, I hope that

36:04

36 minutes, 4 seconds

You strengthen your relationship to the ancestors

36:13

36 minutes, 13 seconds

and to each other because in that circle of wholeness

36:21

36 minutes, 21 seconds

that's that's where that's that's what we're doing, right? He bridged so many cultures.

36:29

36 minutes, 29 seconds

Nobody was an enemy.

36:32

36 minutes, 32 seconds

And I think that's one thing we got to really keep in mind the coming years.

36:38

36 minutes, 38 seconds

We're finished when everyone sits down at the table together. [snorts] Unfortunately,

36:49

36 minutes, 49 seconds

how do we do that with grace and honor and leadership?

36:57

36 minutes, 57 seconds

I'm going to open the floor if anyone wants to raise their hand and speak some words

37:04

37 minutes, 4 seconds

with all the ancestors here with us

37:07

37 minutes, 7 seconds

[snorts]

37:07

37 minutes, 7 seconds

cheering us on. Good evening. Okay. Hello. Thank you, Matthew.

37:16

37 minutes, 16 seconds

May I say something? So um the uh the song was absolutely beautiful and I was

37:23

37 minutes, 23 seconds

singing in my soul language and it was I was there was so much communication with standing bear that was going on. It was

37:30

37 minutes, 30 seconds

extraordinary and I saw him at the heart of everything which is love and him kind

37:38

37 minutes, 38 seconds

of saying you know I was right love is the center of absolutely everything and he's seeing it and experiencing it. The

37:47

37 minutes, 47 seconds

other thing that I sense very very there's a lot there's a lot going on.

37:50

37 minutes, 50 seconds

his presence is very very strong right now is that um I saw him walking towards

37:58

37 minutes, 58 seconds

I don't know what to say other than a new horizon and a new destiny for his soul path and

38:07

38 minutes, 7 seconds

um it was quite extraordinary actually and he was confident he was excited and

38:14

38 minutes, 14 seconds

he was he was to to what you said earlier joining other ancestors

38:20

38 minutes, 20 seconds

as an as a role, as an ancestral guide, not just a typical ancestor, but a wisdomkeeper in consciousness to work

38:29

38 minutes, 29 seconds

with other people. I'm not going to say as an ascended master cuz that's too short and too labeling for him, but as

38:37

38 minutes, 37 seconds

this energy within consciousness to bring revelation as a guide to others.

38:42

38 minutes, 42 seconds

And that's what he loved is working with people as a guide to others. I only met him a few times and I'm really fussy in

38:51

38 minutes, 51 seconds

who I even let near my spirit and my soul and Zena came over standing bear

38:58

38 minutes, 58 seconds

and as soon as I saw this man I realized that he was something special and we went through a little ceremony together

39:06

39 minutes, 6 seconds

as he worked on my ancestors and within two minutes he saw exactly the core wound that needed healing and I opened

39:14

39 minutes, 14 seconds

my heart and I trusted this man and he was his work was extraordinary. And then a few weeks later, I had someone fly in

39:22

39 minutes, 22 seconds

that was going through a crisis that was going that needed some coaching. And I invited Standing Bear to spend some time

39:29

39 minutes, 29 seconds

with him. And when I left the house, this man was heavy with energy and he he was just heavy.

39:38

39 minutes, 38 seconds

And when I came back, he was light. He was crying. He was free. and standing bare had helped this man's soul into a

39:47

39 minutes, 47 seconds

place of freedom. And my point is this, the guy was absolutely bloody extraordinary just a little bit from me

39:54

39 minutes, 54 seconds

knowing him. And I was hoping because we had a long conversation after we finished the ceremony with this with this uh with with this uh person that

40:02

40 minutes, 2 seconds

flew in that we would become brothers and peers because his vision for the world was so tender and so beautiful and

40:12

40 minutes, 12 seconds

so loving that it was like you know you've got the juice you've got the juice my friend and I want to hang out

40:20

40 minutes, 20 seconds

with you. So I'd just like to share a little bit more share that with you. Um and but what I would say is that you

40:29

40 minutes, 29 seconds

know um as a final closing piece I'd say this Zena is that he knows he knows how

40:36

40 minutes, 36 seconds

you feel about him. He knows and you guys are not a part man. There's bits and pieces of your soul integration

40:44

40 minutes, 44 seconds

that's still resonant in your heart. The guy the guy was an al is an alchemist.

40:50

40 minutes, 50 seconds

So that loving union between the two of you is not broken, but actually is in place and in and resonating and

40:57

40 minutes, 57 seconds

beautiful. And yes, he understands that it's difficult because he's in a different, if you will, uh uh perspective in reality, but that heart connection is still very, very strong.

41:09

41 minutes, 9 seconds

And you know, he loves you still very, very deeply, but he just has a bit of stuff to get on with on his next path.

41:17

41 minutes, 17 seconds

So I love you all. Thanks for letting me to speak. and uh and uh you know, namaste and all that stuff.

41:26

41 minutes, 26 seconds

Thank you, Big Bear. You're up.

41:36

41 minutes, 36 seconds

And you just need to unmute. Hi. Hi, Ti. Oki Matashi Masqua. Hello.

41:46

41 minutes, 46 seconds

My name is Colin Big Bear. Um, I come from the Michelle Ban First Nation. Uh, we're the Bearclan people up here in

41:54

41 minutes, 54 seconds

northern Canada. And, uh, I showed up today to to really to honor my brother,

42:03

42 minutes, 3 seconds

you know. Um, this was actually really hard for me to show up today because me and me and Stanning Bear had a very very close relationship.

42:14

42 minutes, 14 seconds

Um, I was supposed to pick him up at the airport in uh Colona. That's how I met

42:21

42 minutes, 21 seconds

Zena. And uh we were going to go to a to uh what's called a shake tent

42:29

42 minutes, 29 seconds

ceremony. And this is uh this is a real tradition of our our tribal people, you know, where we we call in the star

42:36

42 minutes, 36 seconds

people and uh we have an elder set up with a tent there, you know. and I went to to pick him up at the airport and uh

42:45

42 minutes, 45 seconds

somehow Zena had got a hold of me and um yeah and and then that's when I found

42:52

42 minutes, 52 seconds

out that our our brother had uh you know he decided to to go with the ancestors

42:59

42 minutes, 59 seconds

and to soar with the eagles. So yeah, I want to say a a short prayer, you know.

43:05

43 minutes, 5 seconds

I want to say a short prayer and uh I want to pray right now. Creator, I pray creator, I just

43:12

43 minutes, 12 seconds

thank you creator for giving us all all the ability to to know our brother,

43:20

43 minutes, 20 seconds

giving us the that time with him to learn his wisdom. When he spoke, he

43:26

43 minutes, 26 seconds

spoke so strong with integrity that you listen creator. And I pray creator that you just give us the things we need to

43:34

43 minutes, 34 seconds

see along this journey creator. I pray that you give us the things we need to hear along this journey creator. I pray

43:41

43 minutes, 41 seconds

that you give us the things we need to say along this journey creator. And I I pray that you let us lead with an open

43:49

43 minutes, 49 seconds

heart as our brother did, you know, and you give us that divine wisdom, creator,

43:56

43 minutes, 56 seconds

as as as we walk, we walk this path, you know. Um, a lot of people call it the

44:03

44 minutes, 3 seconds

great divide, you know, what we're going through, but I call it the great healing, you know, and it's the time that creator that we all start to sit

44:11

44 minutes, 11 seconds
together, [gasps] all the nations of the world

44:16

44 minutes, 16 seconds

[sighs]

44:17

44 minutes, 17 seconds

start to sit together and put aside our political and religious views for the greater good of humanity.

44:25

44 minutes, 25 seconds

You know, I met I was one of I was one of Canada's largest political activists, you know,

44:34

44 minutes, 34 seconds

during a time in uh the COVID era and our government was really doing some really nasty things. And uh there was a

44:42

44 minutes, 42 seconds

time where uh we tried to bring all the First Nations together, the tribal people of Canada, my people and and the

44:49

44 minutes, 49 seconds

rest of Canada together. And that's when I first met Standing Bear. That was in 2022.

44:57

44 minutes, 57 seconds

And uh he [clears throat] was he was one of the few uh first nations that really took the call of action to show up, you

45:07

45 minutes, 7 seconds

know, and that shows who he was, you know, just like me, you know, the bear the

45:15

45 minutes, 15 seconds

bear spirit is he's the healer and he's the warrior, you know. He protects the forest. He protects the, you know, the

45:24

45 minutes, 24 seconds

the creeks. He protects the deer, the animals. He carries the weight of the world on his shoulders.

And he does it

45:32

45 minutes, 32 seconds

in the most humble way. You know, he can pick those berries so gently. But he can also squash you, you know, if he needs

45:39

45 minutes, 39 seconds

to if he needs to use that power to stand up for what's right and for what's just. And that's that's the way of our

45:46

45 minutes, 46 seconds

people. That's the Bearclan people. You know, we've always been those strong those strong warriors and those strong healers. You know, we lead we lead with

45:55

45 minutes, 55 seconds

our hearts. So, pretty rare to see me cry, but uh you

46:03

46 minutes, 3 seconds

know, that's the that's the human in us, right?

46:08

46 minutes, 8 seconds

And I'm going to I'm going to miss my brother dearly.

46:16

46 minutes, 16 seconds

And uh thank you that for uh putting this on for us tonight. when I was in uh when she came out to the

46:24

46 minutes, 24 seconds

Okonogan, I uh I came across uh a Sundance Chief and uh

46:32

46 minutes, 32 seconds

we went and sang some some ancient honor songs on the water for him and it was really beautiful just that divine

46:41

46 minutes, 41 seconds

intervention of me walking into a Sundance chief that I met about, you

46:48

46 minutes, 48 seconds

know, 20 hours in the other side of the country, you know. Uh I managed to run into him in uh Colona of all places. So

46:57

46 minutes, 57 seconds

we sat on the we sat on the water and we sang we sang the honor songs for our brother, you know. So

47:06

47 minutes, 6 seconds

anyways, I hi all my relations and much love to all of you from the Bearclan people.

47:13

47 minutes, 13 seconds

Thank you.

47:15

47 minutes, 15 seconds

Thank you, Big Bear. Thank you for doing the water ceremony. you know, that was one thing that um he was adamant about

47:24

47 minutes, 24 seconds

doing is making sure the water on the tribal lands is safe to drink. [snorts] And uh we're going to continue the work.

47:34

47 minutes, 34 seconds

Um and thank you, Big Bear, for all you're doing, [snorts] Susan. [sighs]

47:42

47 minutes, 42 seconds

And then Gary, thank you Seno. This Thank you for bringing life and his life to life through you.

47:54

47 minutes, 54 seconds

Uh I didn't know him. I I have been working with the First Nations in Canada and and working with uniting the nations

48:04

48 minutes, 4 seconds

as well. So um I I understand where he's coming from and we are all here as love

48:11

48 minutes, 11 seconds

is from the heart. You spoke of courage and kurage curor comes from heart in French. That's the French for heart.

48:19

48 minutes, 19 seconds

[snorts] And that is what you bring here. And that is what he has brought here through you. And I can feel his

48:27

48 minutes, 27 seconds

spirit through you in your speaking is I feel the warmth and I feel the embrace

48:36

48 minutes, 36 seconds

and I feel the unity which this is bringing together. We are here at this time to unite with courage and to raise

48:45

48 minutes, 45 seconds

the world up out of the darkness and bring it up into the light. And I can see this is what you are doing. This has

48:53

48 minutes, 53 seconds

been your mission from be from the first time I met you. I know that this has always been your mission and everything

49:00

49 minutes

is for a reason. And I am so grateful to be here and for the invitation to be here to honor you and to honor him in

49:10

49 minutes, 10 seconds

this in this light and of love. And I'll say uh there's a little prayer of

49:17

49 minutes, 17 seconds

that was given to me from my spiritual mentor. It's the law of love is the power to show and to shed the light and

49:26

49 minutes, 26 seconds

thus free all men and women from suggested might. The Lord of love is ever at hand. In the heart is found in the rhythm.

49:36

49 minutes, 36 seconds

I am. I am. I am. I am. I am. I am. I

49:42

49 minutes, 42 seconds

am. I am. I am. I am. I am. I am. I am.

49:53

49 minutes, 53 seconds

Thank you so much, Susan.

49:56

49 minutes, 56 seconds

Thank you, Carrie. [snorts] You're next.

50:04

50 minutes, 4 seconds

[snorts]

50:05

50 minutes, 5 seconds

And Rihanna, you're after.

50:09

50 minutes, 9 seconds

Welcome Cari, which is in the language of my eagle people in British Columbia to say or

50:15

50 minutes, 15 seconds

convey hello. I am what the ancestors call three. What? And

50:22

50 minutes, 22 seconds

who the ancestors call three. My name is Gary.

50:26

50 minutes, 26 seconds

Ah, it's great honor to uh to be here today because it's a great honor to have crossed paths in this lifetime with the bear that stands.

50:37

50 minutes, 37 seconds

Um I just wanted to extend love to everyone and all. Um

50:44

50 minutes, 44 seconds

and also um yeah you know people say they believe

50:52

50 minutes, 52 seconds

and uh once not everybody gets the gift of through spiritual connection and it's none better than another and it's not a

51:00

51 minutes

competition but I have really been gifted on my path in this lifetime in recent years to have uh certain certain

51:08

51 minutes, 8 seconds

people that are masters in their own way not to put anybody on a pedestal or to use inadequate labels such as

51:15

51 minutes, 15 seconds

masters or master healers or or you know none better than another sort of thing.

51:20

51 minutes, 20 seconds

It really really was interesting, very interesting and very powerful cross crossing paths with standing bear

51:28

51 minutes, 28 seconds

and uh Zinc, I would like to say that what I shared with you a couple days ago, I had a um everybody listening, I

51:36

51 minutes, 36 seconds

had a uh very last minute just was kind of a weird thing. He ended up with the psychic medium and people call me a hollow bone and a healer and a sage and

51:44

51 minutes, 44 seconds

a seer and a mystic in my own little way. But I was read by uh a world-class psychi medium the other day called me out of a crowd which 20 minutes before I

51:53

51 minutes, 53 seconds

didn't barely knew I was going to be in that crowd. And um Standing Bear was there with the ancestors.

52:00

52 minutes

And what you may not know, Zena or Colin, I sent that audio recording to Colin, uh, Big Bear as well, was that

52:08

52 minutes, 8 seconds

those in those ancestors, the group of ancestors, you know, I can see the overlay say sometimes, but she referenced 20 ancestors, but that was

52:17

52 minutes, 17 seconds

just a term, but where are some of the greats? to Shincoitko, Tat Tonka Ayate, Sitting Ball,

52:25

52 minutes, 25 seconds

John Fire, Lameir, the White Buffalo, Calfwoman, and Star Beings. And um so

52:32

52 minutes, 32 seconds

it's pretty powerful. But what Stanny Bar stepped forward and said through that medium to me saved my life

52:39

52 minutes, 39 seconds

that uh his comments, you know, I won't go into any details here. his comments about something relating to my health

52:46

52 minutes, 46 seconds

that that audio recording said relates to a medical condition that is extremely rare. Extremely rare and extremely

52:54

52 minutes, 54 seconds

difficult to diagnose. He's exactly right. So I will uh I will address that and that'll be the third time I I beat a

53:02

53 minutes, 2 seconds

terminal illness in an odd way in my lifetime. But in my when I met Standing Bear, he resonated with the secret project to have relation to the sacred dream, Zena 2038.

53:14

53 minutes, 14 seconds

And um so I'm sure uh he's supporting us all from the spirit world, the other side camp I like to call it, uh each in

53:22

53 minutes, 22 seconds

our own way, and our own projects. And oddly, it's contrarian world we live in.

53:28

53 minutes, 28 seconds

Oddly, uh he may be more he may be more effective in the spirit world than here.

53:32

53 minutes, 32 seconds

So when we're crying, we can laugh at the same time at the absurdity of the ceremony called life. But uh I thank

53:38

53 minutes, 38 seconds

Standing Bear um for coming through and sharing that sacred knowledge for my for

53:45

53 minutes, 45 seconds

my own physical path to help me and I know he know he'll be there to continue helping the sacred dream project. And

53:53

53 minutes, 53 seconds

when I think it's the Kristen that was singing that beautiful song at the start, there was a bald eagle flying by and it disappeared and morphed into the

54:02

54 minutes, 2 seconds

lake in front of me just as she said the word something to do with swimming up the river or joining the river. Like it

54:10

54 minutes, 10 seconds

was just weird. But you know, if the star beings and the Sasquatch or the Bigfoot and my dead grandmother were to walk into the room right now or across

54:18

54 minutes, 18 seconds

my pool deck where I'm sitting, my blood pressure, heart rate wouldn't go up.

54:21

54 minutes, 21 seconds

I've seen quite a few things, but I got to tell you, watching that eagle disappear into the lake, morph, just blended right into the lake, uh, got my

54:29

54 minutes, 29 seconds

attention. Um, and that's just a beautiful gift from from Standing Bear.

54:36

54 minutes, 36 seconds

So, I love you all with all and I'm here to support any and all of you in the crowd as we go forward uh, physically,

54:43

54 minutes, 43 seconds

not just spiritually, but we're still physically here on the front lines and changing the world in a good way. I love you all.

54:51

54 minutes, 51 seconds

Thank you, Carrie. And thank you for the eagle feather and thank you for everything you do in the world um and your work that you're about to do.

55:01

55 minutes, 1 second

Oh, my dear dear sister,

55:09

55 minutes, 9 seconds

my dear beautiful relations, I am just so I'm so grateful to be able

55:17

55 minutes, 17 seconds

to hold space with all of you right now and celebrate our beautiful our beautiful beautiful brother
Standing

55:24

55 minutes, 24 seconds

Bear. And Gary, I I just can't I can't express how much

55:31

55 minutes, 31 seconds

it means to hear these stories, to hear how how Standing Bear has has touched all of these lives,
which we all know.

55:41

55 minutes, 41 seconds

We know how much impact this this soul has had upon the earth and how much

55:48

55 minutes, 48 seconds

impact he continues to have from the realm of the ancestors. and and that

55:54

55 minutes, 54 seconds

that is an endless beautiful virtuous cycle.

56:00

56 minutes

Um, I I I am so I'm so just moved to be here

56:09

56 minutes, 9 seconds

with all of you. And I had I had a incredibly

56:17

56 minutes, 17 seconds

short time in life to to be very very close to this this beautiful human and

56:24

56 minutes, 24 seconds

spirit. And I I'm so grateful, Kristen, my dear sister, for that beautiful, beautiful song.

56:33

56 minutes, 33 seconds

And just to to be to be in the presence of people who who have been touched

56:41

56 minutes, 41 seconds

um and to hear more of these stories is such one of the blessings of of a moment like this when we get to be together and really

56:49

56 minutes, 49 seconds

um and hear all of these different ways this person has moved us. So I I would

56:56

56 minutes, 56 seconds

love to share with all of you just how in this incredibly brief and remarkable time

57:04

57 minutes, 4 seconds

I I had the incredible blessing of traveling through Japan with peace leaders from across the globe with

57:13

57 minutes, 13 seconds

Standing Bear. And I am I'm not I'm not kidding you. When

57:21

57 minutes, 21 seconds

the instant that I met him, we knew that we were family and we decided in that very moment that we needed to create

57:30

57 minutes, 30 seconds

together and we made music together the very first day that we met. We just I

57:37

57 minutes, 37 seconds

I've met so many beautiful souls and beautiful soul family on all of these journeys, but I don't think I've ever

57:46

57 minutes, 46 seconds

met someone just this pure that you know and and like Colin said, no no

57:53

57 minutes, 53 seconds

comparisons, no putting I love how you said that there's no no pedestals here, but just to to lift up and celebrate our

58:02

58 minutes, 2 seconds

brother, which I will do for the rest of my living days. I'm not kidding you. I will be creating songs and and singing

58:11

58 minutes, 11 seconds

the songs and the and celebrating the beauty of this soul that's touched us all and carrying his his wisdom and his

58:18

58 minutes, 18 seconds

teachings with me and working to pass that on because I think that's that's the greatest gift that I can give back

58:25

58 minutes, 25 seconds

to him. And I know what what he wants from all of us is to pass on the wisdom of the healing and the unity of all of

58:34

58 minutes, 34 seconds

humanity and how much we can take our pain and forgive and turn that into beauty and into creation on this planet.

58:46

58 minutes, 46 seconds

traveling through Japan. Uh we we I sang with Standing Bear and he played his

58:53

58 minutes, 53 seconds

beautiful drone flute and we created incredible ceremony in front of the

58:59

58 minutes, 59 seconds

atomic bomb dome in Hiroshima on the International Day of Peace.

59:06

59 minutes, 6 seconds

Um, there were so many indigenous elders that were sharing wisdom from across

59:13

59 minutes, 13 seconds

many nations and across many lands. And I I if I only had that one journey

59:20

59 minutes, 20 seconds

with him, I would be so grateful. But we just got to travel together again through

59:28

59 minutes, 28 seconds

Portugal and the Holo Movement. And because of that, it it it it felt even

59:35

59 minutes, 35 seconds

more strange and even more a shock to lose him so suddenly.

59:41

59 minutes, 41 seconds

It felt like we were just beginning, you know, but just to have a day, to have

59:47

59 minutes, 47 seconds

one minute, one hour with this this soul can last a lifetime, you know, when you're touched by someone like this.

59:57

59 minutes, 57 seconds

But to have the the opportunity I I knew in in Portugal I told you Zanka that I

1:00:05

1 hour, 5 seconds

wanted I knew I needed to spend time with the two of you and then I turned around and you were

1:00:12

1 hour, 12 seconds

right there. You were the universe just brought you to me and we had this

1:00:19

1 hour, 19 seconds

beautiful experience to have that whole night together just sharing stories and then we ran across the beach and found

1:00:27

1 hour, 27 seconds

the full moon and flocks of birds flying into the moon and then and then bear disappeared for a

1:00:36

1 hour, 36 seconds

minute and we were like where where's standing bear and we turned around and of course he had gone to the ocean and he was standing there by himself with

1:00:44

1 hour, 44 seconds

the moon and the birds flying into the rising moon. And I just I could not be

1:00:51

1 hour, 51 seconds

more grateful that that is literally my my last memory of this beautiful beautiful human

1:01:01

1 hour, 1 minute, 1 second

who is beyond human. [laughter] And now with the ancestors and will continue to watch over us and continue

1:01:09

1 hour, 1 minute, 9 seconds

to care for us and continue to thank us and continue to be proud of us and

1:01:16

1 hour, 1 minute, 16 seconds

steward us and mentor us and be so grateful that we are his family.

1:01:23

1 hour, 1 minute, 23 seconds

[snorts]

1:01:24

1 hour, 1 minute, 24 seconds

And we got to hold ceremony together and sing and play to people and lead them

1:01:30

1 hour, 1 minute, 30 seconds

into an ancient water system and bring the beauty of humanity together and call in the ancestors.

1:01:39

1 hour, 1 minute, 39 seconds

And I just I just you know I just want to share what he shared with me and with all of

1:01:48

1 hour, 1 minute, 48 seconds

us. Every time he came together with our soul family, he said, "You know, if no one has told you today that they love

1:01:54

1 hour, 1 minute, 54 seconds

you, I love you." And I do. I love all of you with my whole heart. And every time he said that to everyone, I know

1:02:03

1 hour, 2 minutes, 3 seconds

that he meant it with his entire heart and soul. And Zenko, when you told me and reminded me that he really loved me,

1:02:12

1 hour, 2 minutes, 12 seconds

I mean, nothing nothing could be more in the world. And to know that, to carry that with all of us in our heart, in our

1:02:20

1 hour, 2 minutes, 20 seconds

soul, to know that standing bear of all of all people, of all spirits in the

1:02:28

1 hour, 2 minutes, 28 seconds

world, this incredible human who carried the force and the strength and the beauty and the soul and the forgiveness

1:02:35

1 hour, 2 minutes, 35 seconds

and the power and yes, he could squash you if he wanted to. I love that. But he didn't want to squash us. He wanted to

1:02:42

1 hour, 2 minutes, 42 seconds

hug us. If you wanted to to squash us by hugging us all, just know you are so loved here and always by standing bare.

1:02:54

1 hour, 2 minutes, 54 seconds

Like, how remarkable is that? How fortunate are we? [snorts] And I am so sad. I'm so sad that he's gone so soon.

1:03:03

1 hour, 3 minutes, 3 seconds

And it's too soon.

1:03:06

1 hour, 3 minutes, 6 seconds

And I'm just [clears throat] I just want to I want to give you all the hugs in the world. Zena, I love you so much. and Tom and his whole beautiful family and

1:03:15

1 hour, 3 minutes, 15 seconds

all of his indigenous brothers and sisters out there. Thank you so much for being here and supporting him and supporting all of us and sharing your

1:03:24

1 hour, 3 minutes, 24 seconds

stories. But yes, I today I am sad and I am so grateful that I had any moment and

1:03:32

1 hour, 3 minutes, 32 seconds

chance to know this beautiful, beautiful person. Thank you so much for giving me the chance to share that. I love you standing bear.

1:03:41

1 hour, 3 minutes, 41 seconds

Thank you so much. Thank you.

1:03:45

1 hour, 3 minutes, 45 seconds

We're going to do the shares and Kristen is going to close with a song. But right now, um Melissa, welcome. It's great to have you here.

1:04:02

1 hour, 4 minutes, 2 seconds

Mute. There we go. Can you hear me? Okay. Yeah, but you blocked your video.

1:04:09

1 hour, 4 minutes, 9 seconds

And now you're mute. Ology is not tech.

1:04:21

1 hour, 4 minutes, 21 seconds

Standing bear did a healing for Melissa um several weeks ago.

1:04:29

1 hour, 4 minutes, 29 seconds

Yeah.

1:04:30

1 hour, 4 minutes, 30 seconds

So I'm just going to stay unmuted because it's not about me anyways. And I think that that is uh what the universe

1:04:38

1 hour, 4 minutes, 38 seconds

is saying. Um I just wanted to validate everyone here and I wanted to validate

1:04:45

1 hour, 4 minutes, 45 seconds

him. [snorts] The first time I met him was hellos and how are you and a quick catchup.

1:04:53

1 hour, 4 minutes, 53 seconds

But when I really met him, it was on the top of a mountain top at night [snorts]

1:05:00

1 hour, 5 minutes

and we were talking to the stars and I like to see different star systems that

1:05:07

1 hour, 5 minutes, 7 seconds

people are at. And I asked to see his and it was deeper than any star system

1:05:13

1 hour, 5 minutes, 13 seconds

that I have seen in one human being. And I remember just going into a silence and

1:05:20

1 hour, 5 minutes, 20 seconds

saying, "Whoa, I've never seen anyone so ancient." The next time that I got to spend with

1:05:28

1 hour, 5 minutes, 28 seconds

him was this beautiful moment while we were in the water and it was night time and

1:05:35

1 hour, 5 minutes, 35 seconds

he was telling his story and it was the first time that I realized he was a storyteller

1:05:43

1 hour, 5 minutes, 43 seconds

and it was because I watched the stars danced with his words. I watched the moon bend.

1:05:51

1 hour, 5 minutes, 51 seconds

I watched the energy flow and I halted him at that time and I

1:05:58

1 hour, 5 minutes, 58 seconds

said, "Do people know what you are? Do they know what you do?" And he said, "Most of them stopped

1:06:07

1 hour, 6 minutes, 7 seconds

listening." And I don't know how to help them. I [snorts] don't know what to say. I don't know what to do.

1:06:16

1 hour, 6 minutes, 16 seconds

I don't know if I should speak louder, if I should speak faster.

1:06:21

1 hour, 6 minutes, 21 seconds

if I should speak more proficient to which I said no, speak slowly, speak silently.

1:06:33

1 hour, 6 minutes, 33 seconds

But as a storyteller, you forgot to tell them how to listen as many of the teachers and elders have.

1:06:43

1 hour, 6 minutes, 43 seconds

They say listen, but they didn't say how. And it was one of the greater lessons.

1:06:49

1 hour, 6 minutes, 49 seconds

And I had a student that was with me at the moment and I had tried to get her to listen.

1:06:58

1 hour, 6 minutes, 58 seconds

And he said, "Tell me how to listen." And I said, "I want you to ask your body and when you're ready, tell us." And

1:07:07

1 hour, 7 minutes, 7 seconds

this is a lesson that he was ready to share for the world.

1:07:15

1 hour, 7 minutes, 15 seconds

And I know that he was excited because he realized what he had been missing but what he had all along.

1:07:26

1 hour, 7 minutes, 26 seconds

And so he stopped the conversation and everyone that was in the pool and he said, "I'm going to tell you a story now and I want you to listen.

1:07:40

1 hour, 7 minutes, 40 seconds

I want you to close your eyes and have no vision. I want you to close your ears and don't listen.

1:07:51

1 hour, 7 minutes, 51 seconds

I want you to feel my words. I want you to feel my presence. I want you to feel

1:08:00

1 hour, 8 minutes

my energy. And I want the universe to tell my story

1:08:08

1 hour, 8 minutes, 8 seconds

because when I speak, it's not about my presence.

1:08:14

1 hour, 8 minutes, 14 seconds

in this life. It's not about my actual words. It's not about what you see me saying.

1:08:22

1 hour, 8 minutes, 22 seconds

It's how you feel me and what is happening in the story.

1:08:31

1 hour, 8 minutes, 31 seconds

And it's ironic 3 days later he passed away.

1:08:37

1 hour, 8 minutes, 37 seconds

His stories written in the sky. And I have to pause because the story that he told I'm sure the brothers here know was

1:08:46

1 hour, 8 minutes, 46 seconds

of the three boys who wanted to be the mighty hunters like their brother and their father [snorts] and how they went

1:08:54

1 hour, 8 minutes, 54 seconds

into the forest and they brought home this kill that they were so proud of.

1:08:58

1 hour, 8 minutes, 58 seconds

And as that happened and he said it, a coyote dropped a rabbit at the end of the lawn and started squealing.

1:09:09

1 hour, 9 minutes, 9 seconds

and a big fight happened and we heard his story come true in this physical world.

1:09:18

1 hour, 9 minutes, 18 seconds

And as he went on to talk about the life that everything how the birds sing in their sweet songs are our gift.

1:09:28

1 hour, 9 minutes, 28 seconds

The stars twinkled and birds at night who don't sing sang.

1:09:35

1 hour, 9 minutes, 35 seconds

So what I know about him and I have other stories. He did do the great healing

1:09:42

1 hour, 9 minutes, 42 seconds

[snorts] and the great healing. I have neuroblastoma, a terminal cancer. And he said it's no worry.

1:09:52

1 hour, 9 minutes, 52 seconds

You just need love. There's nothing wrong. There's nothing darkness. There's no entity. There's toxins and lack of

1:09:59

1 hour, 9 minutes, 59 seconds

love. And he filled me with love. and he showed my friend and he showed Zena who's also

1:10:06

1 hour, 10 minutes, 6 seconds

my friend how to properly fill someone with love.

1:10:12

1 hour, 10 minutes, 12 seconds

And I watched those women learn how to love so unconditionally in his presence.

1:10:23

1 hour, 10 minutes, 23 seconds

In my last and final moment with him, it was a bittersweet moment.

1:10:33

1 hour, 10 minutes, 33 seconds

of an interview with him for a upcoming film about water and we

1:10:41

1 hour, 10 minutes, 41 seconds

spoke about the importance of water and we had talked about water. We had

1:10:48

1 hour, 10 minutes, 48 seconds

been in the water. We talked about water before

1:10:55

1 hour, 10 minutes, 55 seconds

and one thing that he said is when he passes it's going to be to the water he returns and that's where the real life is.

1:11:08

1 hour, 11 minutes, 8 seconds

So well he moves on and he moves through you.

1:11:13

1 hour, 11 minutes, 13 seconds

I would like to gift you his lesson and feel him, not with your eyes,

1:11:22

1 hour, 11 minutes, 22 seconds

not with your ears, but with his energy and his silence and the universe to show.

1:11:32

1 hour, 11 minutes, 32 seconds

Find him in love and find him in water because he might be a standing mirror on

1:11:41

1 hour, 11 minutes, 41 seconds

this earth, but he's a dancing bear over there and he's dancing through all of us and all of the energy and I know he

1:11:50

1 hour, 11 minutes, 50 seconds

loves you all and you feel it. Thank you for listening.

1:11:57

1 hour, 11 minutes, 57 seconds

Thank you so much, Melissa.

1:12:04

1 hour, 12 minutes, 4 seconds

[snorts]

1:12:05

1 hour, 12 minutes, 5 seconds

He definitely had a presence that you could feel.

1:12:11

1 hour, 12 minutes, 11 seconds

He had embodied everything to the to the point of it being his energy was just there.

1:12:23

1 hour, 12 minutes, 23 seconds

I often tell people the first time I touched his body, I went into

1:12:29

1 hour, 12 minutes, 29 seconds

I couldn't speak for 30 minutes because I felt so calm and so peaceful and I never felt that before.

1:12:42

1 hour, 12 minutes, 42 seconds

He overrode every cell in my body and I literally could not speak for a half an hour.

1:12:54

1 hour, 12 minutes, 54 seconds

When we embody these teachings and truths, yeah, we're not done until they just we become them.

1:13:07

1 hour, 13 minutes, 7 seconds

Thank you, Melissa. Coffee. Welcome.

1:13:19

1 hour, 13 minutes, 19 seconds

Oh man, this is going to be a short one, but um I just want to express so much gratitude for you hosting this memorial

1:13:29

1 hour, 13 minutes, 29 seconds

ceremony. That website was absolutely beautiful that was built in his honor.

1:13:35

1 hour, 13 minutes, 35 seconds

I've just spent the last couple days going through it and I don't have a bunch of memories with him, but I

1:13:43

1 hour, 13 minutes, 43 seconds

absolutely remember meeting him and having all of us go to dinner in in Japan when when that first meeting happened. I just he stuck out so much.

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1 hour, 13 minutes, 56 seconds

And it was at a time where I was having some kind of psychic abilities show up

1:14:03

1 hour, 14 minutes, 3 seconds

with my sight and seeing him standing in his power. His aura was so magnificent

1:14:14

1 hour, 14 minutes, 14 seconds

and it spoke to me in a way that I don't see a lot of masculine figures embody.

1:14:21

1 hour, 14 minutes, 21 seconds

It was so gentle and it did feel like water. like the gentle

1:14:29

1 hour, 14 minutes, 29 seconds

strength of water, the gentle power of water

1:14:36

1 hour, 14 minutes, 36 seconds

and him and your guys's relationship and also my connection to to experiencing

1:14:45

1 hour, 14 minutes, 45 seconds

the the Native American ways and practices.

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1 hour, 14 minutes, 51 seconds

It was interesting the parallel because I was just getting into sweat lodges as well as you're starting this

1:14:58

1 hour, 14 minutes, 58 seconds

relationship and learning about these these ways that are so ancient and so

1:15:05

1 hour, 15 minutes, 5 seconds

connected to the earth and I just admire him so greatly and I'm really excited to

1:15:13

1 hour, 15 minutes, 13 seconds

know how he is going to be here guiding us from the other side in this next

1:15:20

1 hour, 15 minutes, 20 seconds

phase of this great transition that is about to happen for all of humankind. So

1:15:28

1 hour, 15 minutes, 28 seconds

obviously the work over there that he's going to be doing is going to be very important and the work that he initiated

1:15:35

1 hour, 15 minutes, 35 seconds

and started with you Zena is equally as important. you being a and facilitating

1:15:44

1 hour, 15 minutes, 44 seconds

actual bridges with the science that you're figuring out how to connect all of us to these other sides.

You know, it's it's

1:15:53

1 hour, 15 minutes, 53 seconds

all it's all here doing what it's supposed to be doing. And even though it's so sad and um grief is such a it's

1:16:03

1 hour, 16 minutes, 3 seconds

such a tough thing being on this side and not knowing what's what the is going on over there, you know? like why

1:16:11

1 hour, 16 minutes, 11 seconds

why do we have to be stuck with such this limited perspective but trusting that we will have that more

1:16:20

1 hour, 16 minutes, 20 seconds

open up as we become more connected. So thank you for being a reminder.

1:16:27

1 hour, 16 minutes, 27 seconds

Thank you. Thank you so much. And yeah, he did say that it opens as you connect to everything.

1:16:37

1 hour, 16 minutes, 37 seconds

Carol, thank you. Thank you, coffee. That was beautiful.

1:16:43

1 hour, 16 minutes, 43 seconds

Yes. Uh hello everybody. [gasps] Um thank you very much for all of this.

1:16:50

1 hour, 16 minutes, 50 seconds

Um oh my goodness.

1:16:55

1 hour, 16 minutes, 55 seconds

Um oh so profound.

1:17:05

1 hour, 17 minutes, 5 seconds

I um grew up in the colonial world and um

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1 hour, 17 minutes, 14 seconds

I was so attracted to, you know, all this indigenous art, you know, this Native American

1:17:22

1 hour, 17 minutes, 22 seconds

stuff and I decorated my whole house with it.

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1 hour, 17 minutes, 26 seconds

And I never really knew or understood why. I just had this profound attraction.

1:17:33

1 hour, 17 minutes, 33 seconds

And um and then I was on the internet

1:17:42

1 hour, 17 minutes, 42 seconds

you know and I came across you know Stanny Bear and we

1:17:48

1 hour, 17 minutes, 48 seconds

are the medicine and met him and it was like oh my gosh I knew you before [snorts] and um it was just amazing.

1:18:01

1 hour, 18 minutes, 1 second

Um and he um and through all of that, you know, through his teachings and

1:18:09

1 hour, 18 minutes, 9 seconds

everything, he brought back what was sacred that I knew before.

1:18:17

1 hour, 18 minutes, 17 seconds

[snorts]

1:18:18

1 hour, 18 minutes, 18 seconds

And um I I um had to like learn it all and and

1:18:25

1 hour, 18 minutes, 25 seconds

everything. And I so absorbed it and it all was, you know, like the past coming back,

1:18:33

1 hour, 18 minutes, 33 seconds

you know, to the memory, you know, in my DNA and um,

1:18:41

1 hour, 18 minutes, 41 seconds

you know, in the grandfather teachings, the medicine wheel, you know, just the whole thing. and um

[snorts]

1:18:50

1 hour, 18 minutes, 50 seconds

he is the most profound teacher that I've had in this life

1:18:57

1 hour, 18 minutes, 57 seconds

and um I'm just so grateful and um I want to tell you thank you Stan Bear.

1:19:09

1 hour, 19 minutes, 9 seconds

I love you so much and I feel, you know,

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1 hour, 19 minutes, 17 seconds

he's um going to be able to

1:19:24

1 hour, 19 minutes, 24 seconds

he loved Mother Earth so much and all the animals and nature and all of that and the connection that we have.

1:19:34

1 hour, 19 minutes, 34 seconds

Um, you know, and I just want the whole world to know, you know, and I'm playing my part or whatever to pass that on.

1:19:44

1 hour, 19 minutes, 44 seconds

And, um, what I'd like to do, Danny Bear, thank you so much. [snorts]

1:19:52

1 hour, 19 minutes, 52 seconds

I want to sing you the sacred water song that through you I was taught by grandmother Denise Miller.

[snorts] So, I'd like to do that right now.

1:20:04

1 hour, 20 minutes, 4 seconds

That's okay. Beautiful.

1:20:12

1 hour, 20 minutes, 12 seconds

Hopefully I can sing. Okay.

1:20:18

1 hour, 20 minutes, 18 seconds

[singing]

1:20:30

1 hour, 20 minutes, 30 seconds

me go away

1:20:37

1 hour, 20 minutes, 37 seconds

me Oh deo [singing]

1:20:51

1 hour, 20 minutes, 51 seconds

[singing]

1:20:57

1 hour, 20 minutes, 57 seconds

[singing]

1:20:58

1 hour, 20 minutes, 58 seconds

me go away

1:21:06

1 hour, 21 minutes, 6 seconds

me Go

1:21:13

1 hour, 21 minutes, 13 seconds

[singing]

1:21:22

1 hour, 21 minutes, 22 seconds

give me qu me

1:21:31

1 hour, 21 minutes, 31 seconds

away me

1:21:40

1 hour, 21 minutes, 40 seconds

me kiss your gay

1:21:49

1 hour, 21 minutes, 49 seconds

[singing]

1:21:54

1 hour, 21 minutes, 54 seconds

mech.

1:22:00

1 hour, 22 minutes

[singing]

1:22:04

1 hour, 22 minutes, 4 seconds

Migu. Thank you. I love you.

1:22:14

1 hour, 22 minutes, 14 seconds

Thank you, girl.

1:22:18

1 hour, 22 minutes, 18 seconds

Ryan, I love you. Ryan, and then Jim.

1:22:24

1 hour, 22 minutes, 24 seconds

Hello, everybody. Uh, if it's okay with you, I'd like to introduce myself and then, uh, sing an uh a memorial song for him.

1:22:33

1 hour, 22 minutes, 33 seconds

Yeah. Okay.

1:22:47

1 hour, 22 minutes, 47 seconds

Now, I used to sing for uh funerals on the reservation before I left it. Uh

1:22:55

1 hour, 22 minutes, 55 seconds

there's a song that lot Dakota people sing at funerals and it goes uh goes like this.

1:23:21

1 hour, 23 minutes, 21 seconds

Oh hey.

1:23:36

1 hour, 23 minutes, 36 seconds

[singing]

1:23:37

1 hour, 23 minutes, 37 seconds

Hey. Hey.

1:23:40

1 hour, 23 minutes, 40 seconds

Hey I

1:23:57

1 hour, 23 minutes, 57 seconds

Hey.

1:24:14

1 hour, 24 minutes, 14 seconds

And normally we do four push-ups of that but for the sake of time I just did about one and then a tail at the end.

1:24:21

1 hour, 24 minutes, 21 seconds

Now if you don't speak lot the words to that song.

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1 hour, 24 minutes, 35 seconds

It means um you know the standing bearer you have left somewhere. Your relatives are looking for you. They are coming crying.

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1 hour, 24 minutes, 48 seconds

They are coming crying. It is a great hardship.

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1 hour, 24 minutes, 54 seconds

So for letting me give that song to him and thank you for uh thank you for listening.

1:25:03

1 hour, 25 minutes, 3 seconds

Thank you so much Ryan. That was really special. I loved hearing that.

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1 hour, 25 minutes, 10 seconds

Grey Wolf, that was beautiful, Brother Ryan. Appreciate that.

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1 hour, 25 minutes, 19 seconds

I was just sitting here quietly and that was my intention.

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1 hour, 25 minutes, 24 seconds

But um I've got nine members of a youth council that are part of a group I'm part of um

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1 hour, 25 minutes, 34 seconds

and who heard Standing Bear two times when he did things here um that are placed here.

1:25:41

1 hour, 25 minutes, 41 seconds

And so they asked to listen and they asked me, "Well, how come you're not going to speak?" And anyway,

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1 hour, 25 minutes, 50 seconds

we did a ceremony here a few nights ago and then some of us sat and talked inside afterwards

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1 hour, 25 minutes, 58 seconds

and I have a light that kept blinking on and off while we were doing it. And I had somebody come to fix it afterwards and they tore it apart and they can't

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1 hour, 26 minutes, 6 seconds

find anything wrong and it's been fine since until about 10 minutes ago. It's blinking again. So, I don't know if it's a blinking bear or not.

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1 hour, 26 minutes, 17 seconds

I just wanted to uh Yeah, [snorts] I I I ran into Standing

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1 hour, 26 minutes, 25 seconds

Bear some years ago. Not even sure how many, but it was still when he was Wayne Snowgrove. He really wasn't using

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1 hour, 26 minutes, 32 seconds

Standing Bear yet. He was in Florida, I believe. It Yeah. and we got to know each other online.

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1 hour, 26 minutes, 41 seconds

And then at Standing Rock much more um closely.

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1 hour, 26 minutes, 46 seconds

And after Standing Rock, I was asked to come to Florida and help with the water battles.

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1 hour, 26 minutes, 51 seconds

And knowing he was there, I reached out and I ended up we did lodge together.

1:26:57

1 hour, 26 minutes, 57 seconds

And I believe some of his family down there were actually in that lodge as was a young man who's a nephew of mine now who I work with and I didn't even know

1:27:05

1 hour, 27 minutes, 5 seconds

at that time. So these circles keep connecting. So what I feel for my brother is

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1 hour, 27 minutes, 13 seconds

he hasn't left. He's not gone. We all are going to carry on. And I hear all these different things that many of us were doing with him. He and I have sat

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1 hour, 27 minutes, 22 seconds

here making lists as he was pushing us to build a larger lodge, which we did before he left.

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1 hour, 27 minutes, 30 seconds

We're going to carry that work on and he'll be doing it with us. It's just from a slightly different place because for me I mean the circle sure our

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1 hour, 27 minutes, 38 seconds

physical body drops away but not our energy. And so I consider him right here

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1 hour, 27 minutes, 45 seconds

um joking because he was he was a good jokester.

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1 hour, 27 minutes, 50 seconds

Seriously making lists about things that needed to be done talking about the young people.

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1 hour, 27 minutes, 57 seconds

Um talking about how we get more elders involved on and on and on. as I'm sure with many of you, it was a long list.

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1 hour, 28 minutes, 3 seconds

So, I'm happy to work with any of you, all of you, whatever, connect when needed to carry on that work because

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1 hour, 28 minutes, 11 seconds

that's such a big part of what he was here to share. I really feel that people listen to him in a very good way. Um,

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1 hour, 28 minutes, 21 seconds

and you didn't have to be indigenous to listen to him. You could [clears throat] be anybody.

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1 hour, 28 minutes, 27 seconds

And there's people that have come to me and said, "You knew him, didn't you? you know, I really resonated to what he was saying, but I'm not native. And I said,

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1 hour, 28 minutes, 34 seconds

well, you don't have to be. These are common truths. These are truths for all of us to share and to hold. And and I

1:28:42

1 hour, 28 minutes, 42 seconds

will always thank him for that. And however much longer I walk, that's that's a big part of what I'll carry.

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1 hour, 28 minutes, 49 seconds

And thanks for putting this together, Zank. It was a great idea.

1:28:54

1 hour, 28 minutes, 54 seconds

Thank you so much. and thanks for all the work you're doing with the lodge and your show and the students.

1:29:03

1 hour, 29 minutes, 3 seconds

Okay. Oh, we have we have a few more here. Gwen, welcome Gwen.

1:29:13

1 hour, 29 minutes, 13 seconds

Thank you so much. I wasn't going to speak.

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1 hour, 29 minutes, 18 seconds

Um, but for a couple reasons, I'm going to speak because

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1 hour, 29 minutes, 25 seconds

if I'm quiet, um, the moment might pass.

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1 hour, 29 minutes, 32 seconds

Um, first I want to just say how beautiful this is and Sanka,

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1 hour, 29 minutes, 39 seconds

bless you. Bless you so much for being with Standing Bear.

1:29:46

1 hour, 29 minutes, 46 seconds

And I want to talk about the last time that I was in the we are the medicine circle with him.

1:29:56

1 hour, 29 minutes, 56 seconds

Um it was about 7 months ago and um I had to go through a medical procedure that required me to fast.

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1 hour, 30 minutes, 9 seconds

And I remember like I got the consultation and I I was like complaining. I was like, "Oh, I have to

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1 hour, 30 minutes, 17 seconds

go 3 days without eating now." And like I remember the morning that I said that I felt like he was kind of laughing. And

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1 hour, 30 minutes, 25 seconds

um I was like, you know, I don't know why this is so funny. Like I don't know how I'm going to make it. And

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1 hour, 30 minutes, 34 seconds

um so I but I did it and I did it without any struggle. And each morning I

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1 hour, 30 minutes, 41 seconds

would go and I'd be like, "Okay, I'm still not eating. I'm doing okay." And um and like he didn't say much, but

1:30:49

1 hour, 30 minutes, 49 seconds

he would laugh cuz um like Jim just said, he was kind of a joker. And um and

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1 hour, 30 minutes, 55 seconds

so I went for the procedure. And when they were wheeling me out of the surgical room and bringing me into recovery, I opened my eyes and there was

1:31:04

1 hour, 31 minutes, 4 seconds

this piece of artwork on the wall in the hospital and it was of a plains Indian.

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1 hour, 31 minutes, 11 seconds

It was just an incredibly beautiful piece of artwork and um at that moment I really felt like Bear was with me like he had been with me all along.

1:31:22

1 hour, 31 minutes, 22 seconds

And um [clears throat and laughter] somebody else shared tonight um oh and I

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1 hour, 31 minutes, 30 seconds

want to just say that the result of that was that I'm I was healthy and everything was good and so that was an incredible blessing and I really felt

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1 hour, 31 minutes, 38 seconds

like so supported by standing bear. Um, and then recently, um, you know, when he

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1 hour, 31 minutes, 45 seconds

passed over, when he's made this transition, um, so I took a break for a little

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1 hour, 31 minutes, 52 seconds

while, um, because I was feeling as if my work life, my political life was at

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1 hour, 32 minutes

odds with these groups. I was like, I have to I have to settle into this new position. Um, and we did talk about, you

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1 hour, 32 minutes, 10 seconds

know, the changes that we all know are upon us. Um, and the responsibility that I might bear by coming into this

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1 hour, 32 minutes, 18 seconds

position that I came into. And so I took a break for a while to focus on my new position. And um, and so when he made

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1 hour, 32 minutes, 27 seconds

this transition, it brought me back. And um I realized um that the key is to stay

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1 hour, 32 minutes, 36 seconds

on track in terms of like honoring my ancestors. And I just

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1 hour, 32 minutes, 43 seconds

want to speak to Colin Bear, Colin Big Bear, because he's up in Canada with the Bear Nation. And he spoke about the the

1:32:51

1 hour, 32 minutes, 51 seconds

shaking tent ceremony. And so my my grandfather was uh a medicine man, one

1:32:58

1 hour, 32 minutes, 58 seconds

of my grandfathers. and um and from that same that same nation. And so um I've

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1 hour, 33 minutes, 5 seconds

read about the history of this with my grandfather. And so, um, anyway,

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1 hour, 33 minutes, 13 seconds

so when I came back, um, I was connecting with with Jenny and, um, just trying to be supportive

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1 hour, 33 minutes, 22 seconds

and, uh, I I, uh, on the on the first day that I or

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1 hour, 33 minutes, 29 seconds

one of the first or second days that I came back, I I, um, I experienced um, a baby bunny. And I was like

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1 hour, 33 minutes, 38 seconds

thinking like, wow, I didn't know, you know, the baby bunnies are coming again.

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1 hour, 33 minutes, 43 seconds

You know, this is the cycle of life. Um, and then two hours later, I went to a different location and I saw three more

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1 hour, 33 minutes, 50 seconds

baby bunnies. And then as I turned my camera on um to attend the meeting at 8:00,

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1 hour, 33 minutes, 57 seconds

um I walked to the end of the treeine and I turned to my left and there was a a dough. There was a deer and we just

1:34:04

1 hour, 34 minutes, 4 seconds

looked at each other eye to eye. Um, and I was like, okay. Um, this is about the

1:34:11

1 hour, 34 minutes, 11 seconds

cycle of life. And then I came home because I was, you know, I was I I was out in nature for the meeting and I came

1:34:19

1 hour, 34 minutes, 19 seconds

back. And when I came home, there were just like so many fireflies, like so many fireflies. And I was like, "Wow,

1:34:28

1 hour, 34 minutes, 28 seconds

like this world is such a beautiful place. This earth is such a beautiful place. And I want to stay here."

And

1:34:35

1 hour, 34 minutes, 35 seconds

then I realized I needed to go to the hospital because I had been in pain uh with sciatica. I'm a dancer and so I was

1:34:44

1 hour, 34 minutes, 44 seconds

having pain and I went in and they did a this is 6 days ago now. Um they did a CT

1:34:51

1 hour, 34 minutes, 51 seconds

scan and they miraculously found um uh mass in my bladder and it is cancer.

1:35:00

1 hour, 35 minutes

Um, and when they told me that, I felt that I'm going to be okay. And I really believe that Standing Bear led me there.

1:35:09

1 hour, 35 minutes, 9 seconds

Stand If it weren't for Standing Bear crossing over and transitioning like that, I might not have come back to the

1:35:17

1 hour, 35 minutes, 17 seconds

groups. I might not have come back. Um, but I really wanted to come back to be of support to my friends who I missed a

1:35:25

1 hour, 35 minutes, 25 seconds

lot. And so I just wanted to share that experience because so many of us are talking about his his his natural

1:35:34

1 hour, 35 minutes, 34 seconds

healing ability, his sense of humor. Um I think one of the things I loved about him the most was his sense of humor. Um because that just fixes so many things.

1:35:44

1 hour, 35 minutes, 44 seconds

So um thank you and thank you for the beautiful music and just everything. And I know that Standing Bear is right with

1:35:51

1 hour, 35 minutes, 51 seconds

us. Um it's just because we can't see him doesn't mean that he's not with us.

1:35:56

1 hour, 35 minutes, 56 seconds

And I know that for a fact because I myself have had um experiences with

1:36:03

1 hour, 36 minutes, 3 seconds

death and um and I know that um I know that he's completely completely

1:36:09

1 hour, 36 minutes, 9 seconds

everywhere. In fact, um he can be anywhere at any time. He barely needs to think it and he's there.

So, thank you so much.

1:36:19

1 hour, 36 minutes, 19 seconds

Thank you so much, Gwen.

1:36:24

1 hour, 36 minutes, 24 seconds

Yeah, he showed me 10 minutes of a bunny leading my car up the road. 10 minutes,

1:36:31

1 hour, 36 minutes, 31 seconds

one car ahead, a mile and a half leading me um and he confirmed it was him. So,

1:36:38

1 hour, 36 minutes, 38 seconds

yeah, super magical. Kristen is going to do love and gratitude. She is going to be getting on a flight in only two hours

1:36:48

1 hour, 36 minutes, 48 seconds

and it was so sweet of her to be here and to write that song live for him and

1:36:55

1 hour, 36 minutes, 55 seconds

she's going to do love and gratitude and then I would like to bring on um Standing Bear's brother and Tara to close us out. Thank you so much Kristen.

1:37:04

1 hour, 37 minutes, 4 seconds

We'll leave it to you now. Thank you. This has been so beautiful.

1:37:11

1 hour, 37 minutes, 11 seconds

So beautiful. I felt like love and gratitude was the perfect song to end with. Um I wrote it for Dr. Emoto's

1:37:20

1 hour, 37 minutes, 20 seconds

memorial in Japan and seeing that you met Standing Bear in Japan, Zena, and and there was so much beauty shared with

1:37:29

1 hour, 37 minutes, 29 seconds

Rian and so many of us in Japan. Um you know, when Dr. Emoto saw the water crystal for love and gratitude, he said it was the most beautiful. This is it.

1:37:41

1 hour, 37 minutes, 41 seconds

the most beautiful water crystal he had ever seen. And it told him and and in in

1:37:48

1 hour, 37 minutes, 48 seconds

its purity, he re he re realized that the energies of love and gratitude are the most important for us to focus on in

1:37:56

1 hour, 37 minutes, 56 seconds

this life. And as I looked over at the water crystal just a little bit ago, I realized, oh my goodness, Standing

1:38:04

1 hour, 38 minutes, 4 seconds

Bear's cells, the water in his being must have looked just like this because he lived

1:38:12

1 hour, 38 minutes, 12 seconds

with so much love and gratitude running through his whole being that he was a full body of these beautiful water

1:38:20

1 hour, 38 minutes, 20 seconds

crystals. So as I am playing this short piece which has flute in it as well,

1:38:27

1 hour, 38 minutes, 27 seconds

just feel him playing and please just use this as a portal to send your love and gratitude for his beautiful life and his beautiful heart.

1:38:40

1 hour, 38 minutes, 40 seconds

Here we go. Okay, cool. Yeah, send it back, guys.

1:38:42

1 hour, 38 minutes, 42 seconds

Send love back. [laughter] Yeah, just send it out. Send it out.

1:38:46

1 hour, 38 minutes, 46 seconds

We're giving use this as a portal. And as you hear the flute play during the bridge, just feel him. Feel him. Here we go.

1:39:13

1 hour, 39 minutes, 13 seconds

[music]

1:39:28

1 hour, 39 minutes, 28 seconds

Love [music]

1:39:29

1 hour, 39 minutes, 29 seconds

[singing]

1:39:30

1 hour, 39 minutes, 30 seconds

and gratitude. Golden flower [singing] in bloom.

1:39:38

1 hour, 39 minutes, 38 seconds

[music]

1:39:44

1 hour, 39 minutes, 44 seconds

Bring [singing] us peace tonight. [music] Flow from me to you.

1:40:00

1 hour, 40 minutes

Words of [music] pure [singing] light.

1:40:07

1 hour, 40 minutes, 7 seconds

[music]

1:40:08

1 hour, 40 minutes, 8 seconds

Crystals [singing] in your gaze

1:40:12

1 hour, 40 minutes, 12 seconds

[singing]

1:40:16

1 hour, 40 minutes, 16 seconds

to [music] remind [singing] our hearts

1:40:22

1 hour, 40 minutes, 22 seconds

[music]

1:40:23

1 hour, 40 minutes, 23 seconds

we all in your name.

1:40:31

1 hour, 40 minutes, 31 seconds

And when we start [singing] to fall,

1:40:38

1 hour, 40 minutes, 38 seconds

and when we lose [music] the call,

1:40:41

1 hour, 40 minutes, 41 seconds

[singing]

1:40:45

1 hour, 40 minutes, 45 seconds

there's [music] nothing more to do than [singing] call on you.

1:40:53

1 hour, 40 minutes, 53 seconds

Love and gratitude. [music] Yeah.

1:41:07

1 hour, 41 minutes, 7 seconds

[music]

1:41:14

1 hour, 41 minutes, 14 seconds

Heat.

1:41:15

1 hour, 41 minutes, 15 seconds

[music]

1:41:22

1 hour, 41 minutes, 22 seconds

[music]

1:41:32

1 hour, 41 minutes, 32 seconds

[music]

1:41:39

1 hour, 41 minutes, 39 seconds

[music]

1:41:46

1 hour, 41 minutes, 46 seconds

Heat. [music] Hey. Hey. Hey.

1:41:49

1 hour, 41 minutes, 49 seconds

Oh,

1:41:55

1 hour, 41 minutes, 55 seconds

[music]

1:42:00

1 hour, 42 minutes

and when we [music] start to fall,

1:42:04

1 hour, 42 minutes, 4 seconds

[singing]

1:42:08

1 hour, 42 minutes, 8 seconds

and when we lose the call,

1:42:11

1 hour, 42 minutes, 11 seconds

[music and singing]

1:42:16

1 hour, 42 minutes, 16 seconds

there's [music and singing] nothing more to You then call on a new

1:42:23

1 hour, 42 minutes, 23 seconds

[music]

1:42:24

1 hour, 42 minutes, 24 seconds

love [singing] and gratitude when we forget [music] to see

1:42:33

1 hour, 42 minutes, 33 seconds

[singing]

1:42:35

1 hour, 42 minutes, 35 seconds

our soul's deep mystery. [singing] There's [music] nothing more to do [singing] than call on you.

1:42:50

1 hour, 42 minutes, 50 seconds

Love and [singing and music] gratitude. Love and [singing and music] gratitude.

1:43:03

1 hour, 43 minutes, 3 seconds

[music]

1:43:14

1 hour, 43 minutes, 14 seconds

standing [singing] there. [music] Thank you.

1:43:31

1 hour, 43 minutes, 31 seconds

Love and gratitude.

1:43:36

1 hour, 43 minutes, 36 seconds

will be so much standing bare. Thank you. Thank you. Thank you for your beautiful

1:43:42

1 hour, 43 minutes, 42 seconds

light, for your beautiful heart. Thank you. Thank God.

1:43:48

1 hour, 43 minutes, 48 seconds

Thank you so much, Kristen. You know, he he used to wake up at 3:00 in the morning to pray and give gratitude

1:43:58

1 hour, 43 minutes, 58 seconds

before his 500 a.m. We are the medicine call.

1:44:02

1 hour, 44 minutes, 2 seconds

And uh and I'm just feeling a lot of gratitude for Jenny Jones for his director of we

1:44:10

1 hour, 44 minutes, 10 seconds

are the medicine who's been doing 20 to 23 calls per month for 10 years

1:44:18

1 hour, 44 minutes, 18 seconds

supporting healing in circles with conversation and listening.

1:44:25

1 hour, 44 minutes, 25 seconds

And I also want to thank grandfather Tony for being his incredible role model and teaching him

1:44:34

1 hour, 44 minutes, 34 seconds

the indigenous ways that he knew nothing about before meeting him.

1:44:40

1 hour, 44 minutes, 40 seconds

I want to also thank his family, his brothers and sisters and his parents, both of them.

1:44:49

1 hour, 44 minutes, 49 seconds

So thank you Kristen. Thank you for for bringing some of our gratitude and and amazement

1:44:58

1 hour, 44 minutes, 58 seconds

and appreciation for him in a song and have a great trip and thank you so much for being here and gracing us with your presence tonight.

1:45:07

1 hour, 45 minutes, 7 seconds

Oh, we love It's just completely an honor to be here and and remember and

1:45:15

1 hour, 45 minutes, 15 seconds

send our our love to Standing Bear and to you Zena to you because I know it's how hard it is to be the one who's still

1:45:24

1 hour, 45 minutes, 24 seconds

here in the body and yet he's with you as everyone has said. He's with you, sister, and and working through you in

1:45:34

1 hour, 45 minutes, 34 seconds

in all new ways. So, yeah. [snorts] Thank you so much. You know, in your song that you just sung,

1:45:41

1 hour, 45 minutes, 41 seconds

it says like when the mi when the great mystery makes no sense, the only thing to do is feel gratitude and love. And I

1:45:50

1 hour, 45 minutes, 50 seconds

think there's going to be a lot of things um the coming years that are going to feel like they don't make sense. Um,

1:45:59

1 hour, 45 minutes, 59 seconds

but the energy we're going to be holding on to is going to be what we do have and

1:46:06

1 hour, 46 minutes, 6 seconds

where we are going and all the love that's going to get us there. Tara and then Tom.

1:46:19

1 hour, 46 minutes, 19 seconds

Hi. Um, I'd like to first of all give you my

1:46:27

1 hour, 46 minutes, 27 seconds

condolences for Thomas and to you for your profound loss.

1:46:34

1 hour, 46 minutes, 34 seconds

You know, we feel it, but wow, for you couldn't imagine. Um

1:46:41

1 hour, 46 minutes, 41 seconds

um for me I just when I heard about it I just completely broke down and had a

1:46:52

1 hour, 46 minutes, 52 seconds

complete silent ugly cry and

1:46:58

1 hour, 46 minutes, 58 seconds

um my husband came my husband came in and held me. um

1:47:07

1 hour, 47 minutes, 7 seconds

you know he's not um I'm an advocate for Sasquatch and he's he supports me in in that but you

1:47:16

1 hour, 47 minutes, 16 seconds

know he's not into that but he supports me and I just can't imagine what it was

1:47:23

1 hour, 47 minutes, 23 seconds

[snorts] like for you and Thomas um we uh I met him at uh the Sasquatch

1:47:32

1 hour, 47 minutes, 32 seconds

family reunion last here and uh you know like people have been saying it

1:47:40

1 hour, 47 minutes, 40 seconds

was like you you meet the man and there's just something that about him

1:47:49

1 hour, 47 minutes, 49 seconds

that it just transcends I I you know it's hard to put into words. We all know that. We know what it is.

1:47:58

1 hour, 47 minutes, 58 seconds

A few things that happened that weekend. A lot of things happened that weekend, but a few

1:48:04

1 hour, 48 minutes, 4 seconds

things that of note. Um I uh had a uh

1:48:11

1 hour, 48 minutes, 11 seconds

Troy Bacon and I um did a uh

1:48:18

1 hour, 48 minutes, 18 seconds

music bath and he laid there [laughter] on his back. Just laid there on his back enjoying it, you know.

[laughter] That

1:48:26

1 hour, 48 minutes, 26 seconds

was lovely. you see a picture in the photos of him laying there in front of a big teepee

1:48:33

1 hour, 48 minutes, 33 seconds

and that was that and then uh later [sighs] um

1:48:41

1 hour, 48 minutes, 41 seconds

oh and there was a photo of him playing a flute that was taken from his right side. Now that is probably one of the best

1:48:49

1 hour, 48 minutes, 49 seconds

pictures I've ever taken that I will ever take because it really captures his essence doesn't it? He came up behind him and took that. He's like he just

1:48:57

1 hour, 48 minutes, 57 seconds

kind of and he went fl went with it. He was playing the flute for everybody in circle

1:49:03

1 hour, 49 minutes, 3 seconds

and then um and he was so giving um so giving. And then um another thing that

1:49:12

1 hour, 49 minutes, 12 seconds

he did was which was huge for Troy in particular um we went into the teepee the three of us

1:49:20

1 hour, 49 minutes, 20 seconds

and uh he performed ceremony for us in particular for Troy and um he encouraged

1:49:28

1 hour, 49 minutes, 28 seconds

Troy to move beyond where he was now because Troy is a leader Raiki and many dragon raiki many many abilities.

1:49:42

1 hour, 49 minutes, 42 seconds

Troy is now going to be holding his own congre called his own gathering called Cosmic Congress and he has me as

1:49:50

1 hour, 49 minutes, 50 seconds

his um as his backup as his his assistant his

1:49:56

1 hour, 49 minutes, 56 seconds

assistant. So it was standing bear and without standing bear Troy said that cosmic congress would

1:50:05

1 hour, 50 minutes, 5 seconds

never have happened. So, it will be happening in August at Dragon's Gate Gardens and um

1:50:12

1 hour, 50 minutes, 12 seconds

and uh Troy isn't on here right now. So, I just want to thank Standing Bear for that.

1:50:20

1 hour, 50 minutes, 20 seconds

And lastly, I was a couple weeks ago lying in bed quieting my mind and I felt

1:50:30

1 hour, 50 minutes, 30 seconds

led to just talk to him and I did. And I asked

1:50:36

1 hour, 50 minutes, 36 seconds

him a question, a personal question, and a thought not my own dropped in my head and he answered it.

1:50:46

1 hour, 50 minutes, 46 seconds

I'm like, "Oh, I thought that was really sweet. That was really sweet." I I Oh, I want to say that he uh he sent me

1:50:55

1 hour, 50 minutes, 55 seconds

some pictures of him uh of his home. He was standing there and he had his like

1:51:02

1 hour, 51 minutes, 2 seconds

his drums and things on the wall. I thought it was so sweet of him. What a what a what a wonderful person.

1:51:10

1 hour, 51 minutes, 10 seconds

What a wonderful man he is. Not the 3D man, but you know the soul.

1:51:17

1 hour, 51 minutes, 17 seconds

And how blessed are we to have known this man, right?

1:51:28

1 hour, 51 minutes, 28 seconds

Thank you, Zena.

1:51:31

1 hour, 51 minutes, 31 seconds

Thank you so much for your share. That was beautiful. Amazing.

1:51:36

1 hour, 51 minutes, 36 seconds

Tom, [sighs and gasps] um, you get the last word here. Thank you for being with us tonight. I appreciate it.

1:51:45

1 hour, 51 minutes, 45 seconds

Oh, thank you, Sanka, and everybody here. Um, my uh my my last word is is

1:51:52

1 hour, 51 minutes, 52 seconds

just that, gratitude and thanks. Um, I grew up with Wayne. Um, we went to

1:52:00

1 hour, 52 minutes

each other's weddings. we uh we knew each other all of our lives and uh this

1:52:08

1 hour, 52 minutes, 8 seconds

community uh each of you um were so important to them and so

1:52:16

1 hour, 52 minutes, 16 seconds

thank you for your love, for your remembrances, your stories, the beautiful singing.

1:52:27

1 hour, 52 minutes, 27 seconds

um they mean a tremendous amount to me and I I know they mean a tremendous amount

1:52:35

1 hour, 52 minutes, 35 seconds

to him. So, thank you again for for being here and for thinking of him. Thank you, Zen.

1:52:43

1 hour, 52 minutes, 43 seconds

Thank you, Tom.

1:52:47

1 hour, 52 minutes, 47 seconds

Okay, everybody. Um, if we could all put our hands on our heart here, I just want to read in his book what the today's quote is.

1:53:00

1 hour, 53 minutes

Love is so powerful.

1:53:04

1 hour, 53 minutes, 4 seconds

If it is shared anywhere, it will affect everything everywhere.

1:53:18

1 hour, 53 minutes, 18 seconds

Let's just close our eyes right now and send him some love

1:53:25

1 hour, 53 minutes, 25 seconds

for touching our lives and lifting the world in the way that he did.

1:53:39

1 hour, 53 minutes, 39 seconds

[snorts]

1:53:51

1 hour, 53 minutes, 51 seconds

Thank you for being a part of our lives.

1:53:55

1 hour, 53 minutes, 55 seconds

Thank you everybody for coming. [snorts] Um I'll be sending out the archives of

1:54:02

1 hour, 54 minutes, 2 seconds

this um and some other interviews and ceremonies as they come up. Thank you so much for being here tonight.

1:54:12